



GAMESPEED
athletic performance training

BASEBALL & SOFTBALL ATHLETIC INFIELDER CLASS

Gamespeed's Aaron Thigpen is teaming up with Erik Johnson, former SF Giant and owner of EJ Sports, to offer specialty classes for baseball and softball



players.

This dynamic program offers a two-pronged approach to developing the ultimate playmaker. Participants will sharpen their fielding skills and techniques with former SF Giants player Erik Johnson and strengthen their athletic skill development with Gamespeed owner Aaron Thigpen. It promises to be the most effective 75 minutes of training a baseball athlete can undergo.

Athletes will see marked improvements in their:

Soft- Quick Hands
Range
Reaction

Footwork
Instincts
Vision

Some of the Bay Area's Top Infielders are past participants, including:

BASEBALL

- Aaron Miles (2B/SS) - Antioch High, L.A. Dodgers
- Johnny Ash (2B/3B) - Bishop O'Dowd, Stanford, Houston Astros
- James Darnell (SS/3B) - San Ramon Valley, South Carolina, Padres
- Brandon Crawford (SS) - Foothill, UCLA, Giants

SOFTBALL

- Mickell Escobar (2B) - Heritage, USD Softball
- Cheyenne Cordes (SS) - 2011 California Gatoarde Softball Player of the Year
- Kiara Garcia (SS) - Rodriguez High, Oregon State

This class is for both Baseball & Softball Athletes

Limited Enrollment

Cost: \$335 (Deposit \$35 to reserve spot)

Dates: January 9th, 16th, 23rd, 30th, Feb 6th, 13th, 20th.

Time: Mondays 7:00-8:15pm

Ages 12 & Up.

Athletes will be divided based on ability.

No pro-rations, make-ups or refunds.

Last year's participants saw marked improvements in left-to-right range abilities. The biggest improvement was a whopping three feet!

Classes fill up quickly. To reserve your spot or for more information call Gamespeed at (925) 513-8676.